

Attacking From the Flank

In this example we show the art of attacking from the flank. The drill is started with a pass to the runner between the touchline and the cones who runs to the corner with the ball waiting for him.

Three attackers make their run timed with the ball being crossed.

After the cross Attacker three should rotate over while the crosser takes his position. Attacker two should rotate to the position of attacker one who becomes the passer.

